

Food/Grocery Assistance

- **San Francisco Unified School District.**
 - Meals for youth up to age 18. No ID needed, no proof of school enrollment required but a child must be present
 - Pick-up breakfast, lunch, supper, fresh fruit, vegetables and milk to take home
 - Walk-in to 18 locations ([See all locations](#))
 - Hours: Monday through Friday 9-10am pick-up
- **St. Anthony's.**
 - One free pre-packaged meal to-go per person
 - Everyone welcome, dining room is closed but pick-up available (see [update](#))
 - Pick-up at 45 Jones St. (& Golden Gate Ave.)
 - Every day:
 - 10:00am-11:45am for seniors (age 60+) & families with children
 - 11:30am-1:30pm for all
- **Glide.**
 - Free hot meals in takeout containers three times/day during the week and at lunch on Saturday and Sunday. Everyone welcome; no intake form required.
 - Drop by during mealtimes to receive a hot meal on weekdays or a bagged lunch on weekends.
 - Location: 330 Ellis Street, San Francisco, CA 94102; Daily Free Meals phone #: 415-674-6040; mealtime hours: Monday-Friday: breakfast from 8:00am-9:00am, lunch from 12:00pm-1:00pm, and dinner from 4:00pm-5:00pm; Saturday-Sunday: bagged lunches from 12:00pm-1:00pm.
 - More info: [Daily Free Meals page and Glide's Response to Coronavirus \(COVID-19\)](#)
- **On Lok Senior Center (30th Street).**
 - Take out lunches for seniors six days a week.
 - 30th Street Senior Center: 225 30th Street, San Francisco, CA 94131
 - Hours: Monday - Saturday 9:30am - 1:30 pm.
 - Call (415) 550-2210 to check meal availability.
 - More info: [30th Street Senior Center](#)
- **Jewish Family and Children's Services.**
 - Seniors and disabled individuals who are isolated and homebound can receive delivered meals, groceries, and other essential supplies.
 - Call (415) 449-3700 for assistance.

- **Bernal Heights Neighborhood Center and Excelsior Community Center.**
 - Bernal Heights Neighborhood Center and Excelsior Community Center are offering boxed lunches and dry goods food boxes to seniors and people with disabilities at both the Cortland and Excelsior locations, Monday - Friday, 9:30 AM to 1 PM. Visit the Centers: M - F, 9:30 AM to 1 PM.
 - Bernal Heights Neighborhood Center, 515 Cortland Avenue San Francisco, California 94114-1575.
 - Excelsior Community Center, 4468 Mission Street, Suite 162, San Francisco, California 94114-1575. Call 415-494-9702 for more information.

- **San Francisco-Marin Food Bank.**
 - Offering free food including fresh produce, rice, milk and eggs at pop-up locations throughout San Francisco. COVID-19 precautions have caused around 100 food pantries in San Francisco and Marin to close. To fill the gap and ensure families still have access to healthy food, the Food Bank team is working around the clock to open interim pop-up pantries.
 - Visit one of the locations during open hours. These locations do not require ID, enrollment/registration, Income or address verification.
 - Bayview Opera House Transitional Pop-up Pantry, 4705 3rd Street (parking lot) Monday, 10:00 AM - 2:00 PM.
 - Cesar Chavez Transitional Pop-up Pantry, 825 Shotwell Street (blacktop) Tuesday, 9:00 AM - 1:00 PM.
 - James Denman Transitional Pop-up Pantry, 241 Oneida Avenue, Wednesday 9:00 AM - 1:00 PM.
 - Rosa Parks Elementary School Transitional Pop-up Pantry, 1501 O'Farrell Street, Wednesday 9:00 AM - 1:00 PM.
 - Mission High School Transitional Pop-up Pantry, 3750 18th St (Parking Lot) Thursday 9:00 AM - 1:00 PM.
 - Bessie Carmichael Transitional Pop-up Pantry, 375 7th Street, Thursday 10 AM - 1 PM.
 - Francisco Middle School Transitional Pop-up Pantry, 2190 Powell Street (Basketball Court), Thursday 9:00 AM - 1:00 PM.
 - Lincoln High School Transitional Pop-up Pantry, 2162 24th Avenue, Friday 9:00 AM - 1:00 PM.
 - APA Family Services Transitional Pop-up Pantry, 50 Raymond Street, Friday 11:00 AM - 3:00 PM.

- **Project Open Hand.**
 - Project Open Hand will provide 7 frozen meals to Community Nutrition Program clients starting Monday, March 23rd.
 - CNP clients can go to 730 Polk Street between 1-4PM if they wish to pick up a week's worth of frozen food. Daily to-go meals will still be served at CNP sites.
 - Call 415-447-2310 for more information on frozen 7-meal pack pickup service.

- **The Women’s Building of San Francisco.**
 - Weekly food pantry for immigrant and/or low-income families in need. Sign-up with ID and proof of current address is required.
 - Visit on Monday between 9:10am-10:30am to get food. If you haven’t already signed up, you can sign up onsite.
 - Phone #: 415-431-1180; email: info@womensbuilding.org; hours: Monday from 9:10am-10:30am.
- **Richmond Neighborhood Center.**
 - Free produce and groceries for individuals and families in need in the Richmond District. All distributions have been temporarily relocated to Richmond Neighborhood Center Headquarters at 741 30th Avenue.
 - Visit during open hours to receive food. You can register onsite.
 - Richmond Neighborhood Center Headquarters, 741 30th Avenue, San Francisco, CA 94121; phone #: 415-751-6600; email: info@richmondsf.org; hours: Monday from 4:00pm-5:00pm, Tuesday from 3:30pm-4:30pm, and Thursday from 2:30pm-4:00pm.
- **Leah’s Pantry.**
 - Leah’s Pantry is a California-based nonprofit committed to a vision of all people being nourished, regardless of socioeconomic status.
 - Our programs and products are designed to ensure all people have access to healthy food and feel competent preparing easy, nutritious meals for themselves and their families.
 - Phone: 650-351-7780 Website: <https://www.leahspantry.org/covid-19/>
- **Charlie Cart.**
 - The Charlie Cart Project is an all-in-one, hands-on food education and nutrition program for any learning environment.
 - Special program: [*Quarantined with Kids. Kid-approved recipes and lesson plans to mix education into your daily routine.*](#)
 - More info: <https://charliecart.org/about/#contact>

San Francisco Farmers’ Markets (Open during Coronavirus Pandemic, as of 4/28/2020)

- **Alemany Farmers’ Market.**
 - 100 Alemany Blvd.
 - Open Saturdays 6:00am-2:00pm
 - EBT cards accepted.
- **Castro Farmers’ Market.**
 - 288 Noe St.
 - Open Wednesdays 2:30pm-7:00pm (first hour for seniors & those at greater risk)
 - EBT cards accepted.

- **Clement Street Farmers' Market.**
 - Clement Street, between 2nd and 4th Avenues.
 - Open Sundays 9:00am-2:00pm
 - EBT cards accepted.

- **Divisadero Farmers' Market.**
 - 1375 Fell St.
 - Open Sundays 10:00am-2:00pm
 - EBT cards accepted.

- **Ferry Plaza Farmers' Market.**
 - Ferry Building, Embarcadero at Market St.
 - Open Tuesdays and Thursdays 10:00am-2:00pm, Saturdays 10:00am-2:00pm
 - EBT cards accepted.

- **Fillmore Farmers' Market.**
 - Fillmore Center Plaza, O'Farrell St. And Fillmore St.
 - Open Saturdays 9:00am-1:00pm
 - EBT cards accepted.

- **Fort Mason Farmers' Market.**
 - Fort Mason Center. Buchanan St. and Marina Blvd.
 - Open Wednesdays and Sundays 9:30am-1:30pm
 - EBT cards accepted.

- **Heart of the City Farmers' Market.**
 - United Nations Plaza, above Civic Center BART.
 - Open Sundays 7:00am-5:00pm and Wednesdays 7:00am-5:30pm.
 - CalFresh customers can use their EBT card to purchase tokens to spend with farmers.
 - More info: <https://heartofthecity-farmersmar.squarespace.com/>

- **Inner Sunset Farmers' Market.**
 - Parking Lot south of Irving St. between 8th and 9th Avenues.
 - Open Saturdays 9:00am-1:00pm
 - EBT cards accepted.

- **Noe Valley Farmers' Market.**
 - Noe Valley Town Square at 3861 24th St.
 - Open Saturdays 8:00am-1:00pm (first hour for seniors & those at greater risk)
 - EBT cards accepted.

- **Stonestown Farmers' Market.**
 - 3251 20th Avenue.
 - Open Sundays 9:00am-1:00pm
 - EBT cards accepted.

- **V.A. San Francisco Farmers' Market.**
 - V.A. Hospital, Veterans Dr, Clement St and 42nd Avenue.
 - Open Wednesdays 10:00am-2:00pm
 - EBT cards accepted.