

# National Health Care Decisions Day 2019 at San Francisco Public Library

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HELLMAN FOUNDATION



California  
Health Care  
Foundation

# Main Library- April 16th

## Advanced Care Planning Resource Fair

- ❖ Department of Aging and Adult Services
- ❖ SF IHSS Public Authority
- ❖ Chinese American Coalition for Compassionate Care
- ❖ PREPARE for Your Care
- ❖ SF Veteran's Administration
- ❖ Open House

## PREPARE for Your Care workshops

- ❖ in English and Spanish

## Advance Health Care Directive

This form lets you have a say about how you want to be cared for if you cannot speak for yourself.

This form has 3 parts:


**Part 1 Choose a medical decision maker, Page 3**  
A medical decision maker is a person who can make health care decisions for you if you are not able to make them yourself.  
They are also called a health care agent, proxy, or surrogate.

**Part 2 Make your own health care choices, Page 6**  
This form lets you choose the kind of health care you want.  
This way, those who care for you will not have to guess what you want if you are not able to tell them yourself.

**Part 3 Sign the form, Page 11**  
The form must be signed before it can be used.

You can fill out Part 1, Part 2, or both.  
Fill out **only** the parts you want. Always sign the form in Part 3.  
2 witnesses need to sign on Page 12, or a notary on Page 13.

Your Name \_\_\_\_\_

 **PREPARE**  
for your care

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# SFPL Branches- April 16th

- ▶ Bayview Branch 2 workshops English/Spanish
- ▶ Bernal Heights Branch 2 workshops English/Spanish
- ▶ Chinatown Branch 1 workshop in Chinese
- ▶ Ingleside Branch 1 workshop in English
- ▶ Noe Valley Branch 2 workshops in English
- ▶ Park Branch 3 workshops in English
- ▶ Western Addition Branch 1 workshop in English



- ▶ March 5 – Rest in Peace: What happens to my body when I die?
- ▶ April 4 – How Different Faith Traditions View Death
- ▶ May 7 – How to Die in California
- ▶ June 6 – Last Wishes: Start the Conversation Now!
- ▶ July 9 – Sitting with the Dying: Rituals and Resources
- ▶ July 16 – At the Threshold of Death
- ▶ August 13 – Talking to Children about Death
- ▶ September 10 – Grieving a Pet’s Death – Before & After

Attendance: 96

Attendance: 138