

On the cover: Chinaka Hodge (foreground), Tara Jepson (skater).





THE SAN FRANCISCO PUBLIC LIBRARY PRESENTS





Johnny's Guide to San Francisco for **cheapskates**

SF's HERstory Festival: 100+ Events

A month-long celebration of Women's History Month for March 2019

By Johnny Funcheap - posted 2/27/2019

No Comment



Miriam Klein Stahl

In March 2019, the San Francisco Public Library presents <u>HERstory</u>, a month-long celebration of Women's History Month, honoring and acknowledging the contributions of women and the unique experience of being female today with a diverse array of lectures, films, performances and programs for all ages at every library location.

HERstory 2019 / Women's History Month Festival

March 1-31, 2019

San Francisco Public Library – All branches

FREE - All programs and exhibits are free and open to the public

HERstory Program Guide (PDF) | See full list of 100+ events

During HERstory, the public is invited to attend a discussion on the perceptions of women as decision makers; get sexually healthy with Good Vibrations; discuss women rockers of the '60s and '70s; discover women who tackle big wave surfing; learn about the iconic MaestraPeace mural; hear from local woman entrepreneurs; learn to soul line dance with their neighbors; and much more.

Empowering "HERstory" Books to Check out

And of course, they wouldn't be a library, without books. The librarians have curated *HERstory* book lists for Women's History Month. Check out recent <u>feminist fiction</u>, women and immigrants in the <u>labor movement</u>, and *HERstory* books for <u>children</u> and <u>teens</u>.

HERstory past, present, future

Programs for Adults

BUSINESS/FINANCE

- Financial Literacy Campaign • Fridays, 2-4 p.m., Main Library, 5th Floor Learning Studio
- March 15: Cash Flow and Debt Management
- March 22: Proper Protection and **Financial Foundation**
- March 29: Asset Accumulation and Wealth Building
- April 5, 12-2 p.m.: Retirement Planning and Wealth Preservation

Financial foundation series with Sikander Lodi. Attend any or all workshops. Register at https://financialfreedomwl.eventbrite.com.



What Are They Thinking? Perceptions of Women as Decision Makers and How to Promote More Women in Power

• Wednesday, March 20, 6-8 p.m., Main Library, Koret Auditorium

The San Francisco Department on the Status of Women, Queen's Bench Bar Association of the San Francisco Bay Area, and San Francisco Public Library present a panel and discussion examining issues facing women in the role of decision maker—whether as jurors, judges, elected officials, or executives—and what women and men can do to change negative perceptions of women in power.

Get Known Everywhere: It's Time to Make Your Message Matter • Wednesday, March 20, 6-7:30 p.m., Mission Bay

Renowned speaker and author Jill Lublin shares simple strategies to understanding what the media wants, and provides short-term, doable tactics that boost visibility for you

and your brand.

10



III Lublin

American Association of University Women: Work Smart

 Wednesday, March 27, 5:30-7:30 p.m., Main Library, Latino/Hispanic Room

Women working full time in the **United States** typically are paid just 80 percent of what men are paid, a gap of 20 percent— and it's even wider for black women, Latinas and Native



this salary negotiation workshop to learn how to confidently and successfully negotiate your salary and benefits packages. Seating is limited, register at: friendscosw.org/equalpay.

HEALTH/SAFETY

Sex Positivity/Positive Sexuality

 Saturday, March 2, 2-3:30 p.m., Golden Gate Valley Good Vibrations presents a sexual

health workshop. Learn what it means to be sex positive!

Introduction to Personal Safety*

- Friday, March 15, 4–5 p.m., Western Addition
- Tuesday, March 19, 6-7 p.m., Excelsion
- An introduction to IMPACT Bay Area's style of empowerment self-defense. Students develop intuition, situational awareness, body language and verbal skills to de-escalate and deter assault and harassment, as well as learn effective physical techniques.
- *Excelsior: Limited to 20 participants. Call (415) 355-2868 or visit the branch to sign up.
- *Western Addition: Limited to 15 participants. Call (415) 355-5727 or visit the branch to sign up.

Programs for Adults









HERStory: Bay Area Female Entrepreneurs Eileen Rinaldi

• Tuesday, March 26, 5-7:30 p.m., Main Library, Latino/Hispanic Room

A panel of local female entrepreneurs share their journeys in becoming successful small business owners. Panelists include Gayle Pirie (co-owner of Foreign Cinema restaurant), Carolyn Federman (founder of The Charlie Cart Project), Eileen Rinaldi (founder/owner of Ritual Coffee) and Antonia Kohl (owner of Tigerlily Perfumery).

Women's Spirituality:

Spring Cleaning of the Heart Saturday, March 23, 3–5 p.m., Richmond

The leading cause of death among women is heart disease. With Joyce Brady, MS, R.N., track the heart's spirit within its four chambers to find what has heart, meaning



balance and passion for us. Limited to 25 participants. Call (415) 355-5600 or visit the branch to sign up.

Stand Up, Hold Your Own, Find Happiness

- Sunday, March 24, 2-3:30 p.m., Anza
- Thursday, March 28, 1-2:30 p.m., Ingleside
- Thursday, March 28, 6-7:30 p.m., West Portal What does it mean to hold your own when facing conflict in a relationship? Or at work? This workshop aims to reveal and develop inner strengths and to help you find your voice in times of conflict.

The Women's Building Celebrates Sexual Assault Awareness Month

• Wednesday, April 3, 6-7:30 p.m., Main Library, Latino/Hispanic Rms A & B

Join the movement to end gender-based violence. Presented by Vylma Ortiz, advocacy specialist for The Women's Building.

14th Annual Walk Against Rape

• Saturday, April 6, 12-2 p.m., March begins and ends at The Women's Building, 3543 18th St.

March together with The Women's Building and San Francisco Women Against Rape.



March 2019

sfpl.org/HERstory























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Marina Branch

Excelsior Branch

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